

**CHLAMYDIA TRACHOMATIS AND NEISSERIA GONORRHOEAE, URINE SAMPLE**  
U-CtGcNhO

**Before sampling**

Refrain from urinating for at least two hours before taking the sample.

**Sampling**

Do not wash the genital area. Urinate normally into the sample jar (polypropylene vial), capturing the initial stream and filling the jar no more than halfway. It is important to get the first drops of urine into the container.

Write your name, your personal identity number, and the sampling date on the adhesive label.

Affix the label to the side of the sample jar.

**Sample storage and transport**

As soon as possible after sampling (not on a weekend), bring the sample to the laboratory. If the sample has to be stored at home, keep the jar at room temperature.

If you have a doctor's order/request form for the study, bring it with you.

