

EOSINOPHILS FROM SPUTUM
Ex-Eos**Preparing for the test**

The sample is collected in a container provided by the laboratory.

Collecting the sample

- Rinse your mouth with water before collecting the sample.
- Cough forcefully directly into the open container before breakfast in the morning.
- The sample should be morning sputum from deep within the respiratory tract, NOT SALIVA. In order to obtain a proper sputum sample, you may use steam inhalation, if necessary. Close the container tightly.
- Write your name, personal identification code and the sample collection date on the sticker. Place the sticker on the side of the container.
- Place the sample container in a sealable plastic bag.

Transporting and storing the sample

Bring the sample to the laboratory as soon as possible after collecting it, no later than two (2) hours after. If you cannot bring the sample immediately, store it in the refrigerator. The sample should be transported at room temperature.

If you have a referral for treatment / request for examination from a physician, bring it with you.