
OVERNIGHT URINE COLLECTION FOR ALBUMIN (MICROALBUMINURIA) TESTING
cU-Alb, cU-Alb-Mi**Preparing for the study**

You can eat and drink normally during the study unless otherwise instructed. The collection time should be at least six (6) hours.

Overnight urine collection

1. Void your bladder in the evening, at 9 p.m. for example, without collecting it. Record the time to the nearest minute.

Collection began on ___ / ___ 20___ at _____

2. After this, void urine into the collection vessel during the night. Keep the urine sample in the refrigerator. During collection, take care not to lose urine during bowel movements, for example.
3. Void your bladder into the collection vessel for the last time in the morning, for example at 6 a.m. Record the time to the nearest minute.

Collection ended on ___ / ___ 20___ at _____

4. Bring the collection vessel to the laboratory within a one-day period. **Return these instructions with your sample.**