

PREPARING FOR A DRUG TEST AT THE WORKPLACE

A drug test required by employers is performed from a urine sample. To ensure that the testing system is reliable, special instructions are followed in sample collection, and the sample is collected under controlled conditions in a laboratory.

Before collecting the sample

- Your identity is verified by means of an official ID (ID card, driver's license, passport).
- Avoid drinking copious amounts of fluids before sample collection.
- Do not urinate 2–3 hours before sample collection.