

PREPARING FOR THE HELICOBACTER PYLORI UREA TEST
Pt-Hepy-R**Please observe the following instructions before arriving for the test:**

You can eat and drink normally the day before the test. Avoid alcohol and strenuous exercise the day before the test.

You should not eat or drink for six (6) hours before the test. Drinking alcohol is prohibited for 12 hours before the study, and smoking is prohibited for ½ hour before the study (you are permitted to drink a small amount of water and take your usual medications).

You should be awake for at least one (1) hour before the sampling. Avoid physical exertion before the test.

Medicines not to be taken for one (1) day before the study

Gastric acid secretion inhibitors: Cytotec, Famotidin Hexal, Pepcid, Pepcid Duo, Ranisan, Ranitidin Mylan, Ranitidin Sandoz, Ranixal, Zantac.

Medicines that affect bowel motility: Primperan, Prepulsid, Mestinon, Ubretid Takeda Pharma.

Antacids: Balancid Novum, Gaviscon solution, Link, Magnesiamaito, Novaluzid, PeeHoo, PH maxi, Rennie, Topalkan.

Stomach lining protectants: Antepsin.

Medicines not to be taken for two (2) weeks before the study

Courses of antibiotics.

Proton pump inhibitors: Esomeprazol, Esomeprazol Ratiopharm, Esomeprazol Sandoz, Gasterix, Lanzoprazol Actavis, Losec, Losec MUPS, Nexium, Omeprazol Actavis, Omeprazol Pensa, Omeprazol Ratiopharm, Omeprazol Sandoz, Omestad, Pantoprazol Actavis, Pantoprazol Pensa, Pantoprazol Sandoz, Panzor, Pariet, Somac, Somac Control, Zolt.

Medicines not to be taken for four (4) weeks before the study

Helicobacter eradication therapy: Helipak A, Helipak K.