

**FAECAL ELASTASE, F –Elast1**  
**FAECAL CALPROTECTIN, F -Calpro**

### **Collecting the sample**

- Have a bowel movement into a large container or on a piece of toilet paper.
- Use the spatula attached to the lid of the sample container and transfer some of the feces into the container. The required sample quantity is a tablespoonful at minimum and half of the sample container volume at maximum.
- Close the container tightly. Make sure none of the sample remains outside of the container.
- Write your name, personal identification code and the sample collection date on the sticker. Place the sticker on the side of the container.
- Place the container in a plastic bag and seal the bag carefully.

### **Sample storage and transportation**

Bring the sample container to the laboratory, preferably on the sample collection date. If needed, the sample can be stored in the refrigerator at home for up to 3 days.