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## PREPARING FOR A GASTROPANEL TEST

fP-GastPan

### Purpose of the test

The GastroPanel test is used to examine dyspepsia, damage to the mucosa of the stomach and related risks, as well as to determine a potential helicobacter pylori infection or lack of acid in the stomach.

### Preparing for the test

A blood sample is taken in a laboratory. You should **not eat, drink or smoke for 4–10 hours** before the sample. Medication affecting the secretion of gastric juice **may be discontinued with permission from a physician**

Medication inhibiting the secretion of gastric acid should not be used **1 week** before the sample collection

*Drugs inhibiting the secretion of gastric acid:*

- Ranitidine (Ranisan, Ranitidin Mylan, Ranitidin Sandoz, Ranixal effervescent tablet, Ranixal tablet film-coated, Zantac)
- Famotidine (Famotidin, Pepcid, Pepcidin, Pepcid Duo)

*Proton pump inhibitors:*

- Esomeprazol (Esomeprazol Orion, Esomeprazol Ratiopharm, Esomeprazol Sandoz, Nexium, Nexium 10 mg gastro-resistant granules for oral suspension)
- Lansoprazol (Gasterix, Lansoprazol Actavis 15 mg, Zolt)
- Omeprazol (Losec, Losec Mups, Omeprazol Actavis, Omeprazol Pensa, Omeprazol Ratiopharm, Omeprazol Sandoz, Omestad)
- Pantoprazol (Pantoprazol Actavis, Pantoprazol Pensa 20 Mg enteric-coated tablet, Pantoprazol Pensa 40 Mg enteric-coated tablet, Pantoprazol Sandoz, Panzor, Somac Control, Somac enteric-coated tablet, Somac powder for injection, for solution)
- Rabeprazol; Pariet

Medications neutralizing gastric juice should not be taken **1 day** before the test

*Antacids:*

- Galieve Mint, Galieve Peppermint, Gaviscon, Milk of magnesia, Rennie, Rennie Icemint, Rennie Lakritsi, Rennie Spearmint

*Gastric cytoprotectants:*

- Antepsin

Please provide information on any helicobacter treatments, heartburn symptoms, and use of heartburn and pain medication with the sample. If you have not been able to follow these instructions, inform the medical professional taking the sample.