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**CYTOLOGICAL SAMPLES FROM SPUTUM****Ex-Syto****Preparing for the test**

The samples are collected in containers containing denatured alcohol, provided by the laboratory. The sample(s) (1–3 samples on consecutive days) is (are) collected immediately after waking up, before breakfast in the morning.

**Collecting the sample**

- Cough the morning sputum directly into an open container. Ensure that you cough effectively to produce sputum. The amount of sputum should be copious. Saliva or mucus from the throat (collected without coughing) is not a valid sample.
- Close the sample container tightly and mix the sample.
- Write your name, personal identification code and sample collection date on the sticker and place the sticker on the side of the container.
- Place the sample container in a tightly sealable plastic bag.

**Sample storage and transportation**

Bring the sample(s) to the laboratory as soon as possible after collecting them. If this is not possible, the sample(s) should be stored in the refrigerator. All three samples can be brought in at the same time. The sample should be transported at room temperature.

If you have a referral for treatment / request for examination from a physician, bring it with you.