
24-HOUR URINECOLLECTION (without preservative)

24-hour urine tests are used to investigate conditions such as kidney disease and metabolic disorders. The collection time is 24 hours because the composition of urine varies at different times of day.

Collections without preservative

dU-Ca, dU-Cu, dU-I, dU-Pi, dU-K, dU-Kors-V, dU-Krea, dU-Na, dU-Prot, dU-Urea, dU-Alb

Collection of the urine and preservation

You can eat and drink normally during the study unless otherwise instructed. The collection should not be done during menstruation. During collection, take care not to lose urine during bowel movements. If one collection vessel is not enough, contact the laboratory.

Urine is altered by storage. Changes occur for chemical reasons and due to bacteria. Keep the collection vessels closed.

Store collection vessel at refrigerator temperature (+2 - +8 °C) during and after collection. The sample must not be frozen.

Return these instructions with your sample, with the information below filled in:

Name _____ Personal identity number _____

1. TO START COLLECTION

- Void your bladder without collecting the urine.
- Record the time, which is the collection start time.

Date _____ Time _____

2. COLLECTION OF THE URINE

- You should collect all of the urine that is excreted during 24 hours.

3. TO FINISH COLLECTION

- Void your bladder into the collection vessel for the last time exactly 24 hours after the collection start time. This is the last batch of urine kept. The collection has now been completed.
- Dry the outside of the collection vessel.
- Record the end time.

Date _____ Time _____

Take all sample containers to the laboratory at room temperature as soon as possible.